

May 27, 2020

Important Information for all Returning Clientele.

LEGAL NOTICES:

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is reported to be extremely contagious. The state of medical knowledge is evolving, but the virus is believed to spread from person-to-person contact and/or by contact with contaminated surfaces and objects, and even possibly in the air. People reportedly can be infected and show no symptoms and therefore spread the disease. The exact methods of spread and contraction are unknown, and there is no known treatment, cure, or vaccine for COVID-19. Evidence has shown that COVID-19 can cause serious and potentially life threatening illness and even death.

ACTIVE ATHLETICS, LLC cannot prevent you [or your child(ren)] from becoming exposed to, contracting, or spreading COVID-19 while utilizing ACTIVE ATHLETICS, LLC's services or premises. It is not possible to prevent against the presence of the disease. Therefore, if you choose to utilize ACTIVE ATHLETICS, LLC's services and/or enter onto ACTIVE ATHLETICS, LLC's premises you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

The activities taught in this facility involve the sharing of equipment and surfaces with other participants and close proximity with instructors. Active Athletics takes measures to sanitize its facility and equipment and creating distance between participants. Although Active has taken additional steps to ensure participant health there is no way to fully guarantee the possibility of germs, and or virus transmission by entering this facility. By entering you acknowledge these statements and release Active Athletics of any liability and claims arising out of or related to COVID-19 (novel coronavirus).

GUIDELINES FOR ALL:

As Active begins to reopen its doors for training we ask for your assistance in order to make sure we can stay safe, stay healthy and stay Active. We ask the following of all of our patrons:

We ask that all athletes monitor their temperature at home prior to arriving at Active Athletics. Any athlete who shows signs of a fever as defined by the CDC as 100.4 or higher, please stay home until symptoms are gone. Please see the CDC or Tri-County health website for more information on self-isolation.

If your child or any member of your household has been sick please wait the recommend CDC amount of time before returning to training or entering this facility. This would include having any of the following symptoms. Fever, Cough, Shortness of Breath, Chills, Repeated shaking with chills, Muscle pain, Headache, Sore throat, Loss of taste or smell.

If your child shows any symptoms of being ill or has a cough, they will be removed from class and sent home. Active will happily work with all families on scheduling makeups for missed classes. Our main goal is to keep everyone safe during this transitional opening period.

Active asks that all people when entering and exiting the facility please wear a face covering. Athletes may remove face coverings at the beginning of the training session but should resume wearing them at the end of the training period while in the facility.

Prior to class we ask that all athletes please proceed to a restroom and thoroughly wash your hands in accordance with Tri-County Health recommendations, signage is posted in each restroom.

In an effort to prevent social clusters Active asks when possible please drop off and pick up your athlete in the designated curbside lanes of the building, additional LED lighting has been installed in the front of the building. Please no loitering, and maintain social distancing guidelines as posted throughout the facility, Do your part help keep 6' apart. Kindly limit only 1 parent or guardian in the building at a time, please no siblings and when possible wait in your car or outside in the open field space until you need to enter the building.

Active asks that you please enter and exit through the assigned doors and walk ways only. Active Athletics facility is running at a limited occupancy load which is monitored and may require you to wait to enter the building. If this is the case please maintain distancing outside the building on the markers placed along the sidewalks as you wait to enter.

Active asks that you do not bring any outside food or drink into the facility and if you need to consume something please do it outside and away from the building. The vending machines and gum ball machine have been turned off for this initial phase of opening, so please make sure your athlete is properly hydrated and has eaten prior to coming to class.

When arriving for class we ask that all athletes be ready for class and only have a small bag that all belongings can be placed in. A bag can be as simple as a grocery bag, or other similar size container. Active asks that only these bags be placed in the cubbies and that no loose personal belonging be set in them, so that cubbies can be sanitized quicker between users. All Team members please see the separate team handout regarding your personal equipment requirements as all lockers will be off limits.

GENERAL INFORMATION:

COVID-19 Make up classes: Active had to close its doors on March 16 with 2 weeks left in session 5. All recreational athletes enrolled during this time period will be allowed 2 makeup classes usable from when Active reopens through the end of the year or longer as necessary. Makeup classes can be done at any time as long as space is available in the class regardless of if you are currently enrolled. This policy includes all HRCA participants. Active realizes with all the uncertainty around COVID-19 each families need's may be different, and some families might not be ready to return when Active can safely open its doors. We respect that and for this reason have implemented this new policy. Active will prorate tuition for all participants rejoining us as Active reopens it facility.

Active realizes that you may have many questions, in an effort to address all of them in a timely manner and maintain limited occupancy at the facility we ask whenever possible please email Activeathletics@comcast.net or call Active Athletics 303.703.8199 with questions rather than asking them in person.

FREQUENTLY ASKED QUESTIONS:

What requirements do the employees have to follow to ensure the safety of my child?

All staff is required to wear face coverings at all times when interacting with athletes. They have required temperature checks prior to starting work to check for signs of fever as defined by the CDC as 100.4 of higher. Employees must thoroughly wash their hands frequently during classes following the Tri-County Health guidelines for hand washing. All physical forms of encouragement are not allowed during the initial opening phase including, hugs, fist bumps, high fives etc.

What improvements has the gym done to limit social gatherings?

Public WIFI has been turned off. All vending and arcade games including the gum ball machine are turned off. Tables and chairs have been removed leaving standing room only for observation so social distancing can take place.

Will my child be spotted?

All coaches will be still present in an Active spotter stance so athlete's safety will not be compromised. When necessary coaches will spot, lift, and catch athletes. Curriculum has been modified so the need for spotting during this initial opening is limited.

What improvements has Active made?

Touch free soap, paper towel, light/fan, and faucets have been installed in all restrooms. Plastic barrier has been installed around the front counter. New exhaust fans have been installed, along with the swamp coolers being serviced. Each exhaust fan is rated at 2400 cfm and each cooler is rated at 6800 cfm. These HVAC improvements allow for a substantial increase in air flow and fresh air turn over in the facility. New LED high efficiently lighting has been installed in the front of the building allowing greater illumination for drop off and pick up areas. Additional hand sanitizer stations have been installed in high traffic areas. Stanchions have been setup to divide walk ways in the front lobby entering and exiting the building. Available cubbies have been reduced in number to encourage distancing between participants belongings storage.

What should I expect in my child's class?

Active has lowered its ratios in classes to allow for smaller groups and thus more space at each station. Class structure has been modified to a called rotation rather than a continuous to help make sure athletes don't group by each other. Groups will walk sideways with arms out to help keep distancing when rotating from event to event. Equipment will be sanitized between each groups use. The whole facility is still deep cleaned each night. Until further notice the Active chips, treasure chest, stickers, hand stamps and other achievement recognition systems Active uses are temporary suspended.

How is equipment cleaned?

Active utilizes numerous industry standard cleaning products in our facility. In addition to what Active utilized prior to COVID-19, we have added UV light wands and Truce brand cleaners to our inventory. Active Athletics will continue to be deep cleaned each night by a cleaning company. During the day Active staff will continually disinfect high traffic areas. Equipment in the training area is sanitized between group usage.

How is Active limiting numbers in the facility?

Per Douglas County variance for gyms, occupancy is limited to 1 per 120sqft. In addition to utilizing this guideline to this limit Active has modified and lowered its class ratios, moved programs around, added classes and utilized morning hours for team programs. All of these changes help increase the amount of space available in the gym to spread groups out and decrease the amount of people in the facility at one time.

Does my child need to wear a mask?

Yes and no. When your child enters the facility and not out in the training area, we ask that they wear a mask. During actual class instruction athletes do not need to wear masks. It has been determined that wearing a mask while doing gymnastics or similar activities offered at Active is dangerous and drastically increases the probability of an injury, as it can interfere with the athlete's vision and other aspects of awareness. Further, because of the nature of gymnastics and the other programs offered at Active training athletes are in a constant motion in multiple axis and rotation. This movement will cause masks to shift and in turn create a need for constant adjustment, thus the need for athletes to touch their face. This is counterproductive to the purpose behind wearing of a mask.

Can I watch my child's class?

Active is encouraging drop off and pickup only for all age appropriate athletes. However, you are always welcome to view your child's class. Active asks that you assist us with social distancing guidelines and

distance yourself from other observers. Be advised there is standing only in all observation areas, we don't want people to congregate and loiter.

How are the foam pits being cleaned?

During this first initial phase of our reopening we are not utilizing the foam pits or ball pits for training purposes.

Will my child be able to have a drink of water?

Yes, Active recommends that all athletes have their own personal water bottle for if they need to get a drink of water. The structure of all the 55 minute classes has been modified so that all participants should be able to go the entire class without the need for a drink. Active has removed the built in water breaks for these classes to avoid the potential gathering of athletes in common areas. The water fountains and water bottle filler stations are available for use, but again Active strongly encourages each athlete to have their own personal water bottle.

What if I don't feel comfortable having my child return?

No problem, Active is here when you are ready to come back. Active understands that each family has different needs and we respect each individual family's decision. When you are ready just call us and we will get you taken care of. All accounts were frozen in March and no class tuition will be charged until the first day your athlete returns to their program.